

ALLEN MEDICAL STAFFING INC.

P: (718) 364-7250

F: (718) 364-7355

NURSE PRACTITIONER SKILLS CHECKLIST

Name: _____

Date: _____

1. No experience for the stated task
2. Familiar with the state task
3. Experience in the stated task
4. Expert in the state task

General Nurse Practitioner	1	2	3	4
Obtain complete health history				
Perform complete physical exam				
Order/perform diagnostic procedures				
Order/perform diagnostic test				
Interpret clinical findings				
Develop differential diagnosis				
Develop health care problems list				
Develop/implement plan for client				
Arrange referrals/consults				
Prescribe specific medications				
Prescribe therapeutic interventions				
Authorize/coordinate admissions				
Authorize/coordinate discharge				
Provide patient education/counseling				
Participate in risk management				
Policy and procedure development				
Promot evidence based practice				
Speciality Areas				
ASHA (arteriosclerotic heart disease)				
Dyslipidemia				
Osteomyelitis				
PVD (periopheral vascular disease)				
HTN (hypertension)				
Peripheral Neuropathy				
Diabetes				
Orthopedics				
Emergency department				
Neuro Surgery				
Assist with lumbar puncture				
Assist with trigeminal nerve block				
Halo adjust				

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	1	2	3	4
Halo removal				
Baclofen Pump refill & check				
Set up Baclofen Pump computer				
Transplant				
Liver Biopsy				
Kidney Biopsy				
Paracentesis				
General Surgery				
Perioperative/preprocedure assessment				
Obtain/document informed consent				
Debridement of wound				
Incision and drainedge				
Set up/assist suturing				
Suture/staple removal				
Drain insertion				
Drain removal				
Minor surgery				
Anoscopy				
Hemorrhoid banding				
Use of Doppler				
Use of electrosurgical cautery				
Orthopedic				
Pin Care				
Remove External Fixators w/Pin				
Screw Hardware Removal				
Instruct Crutch Walking				
Cast Care				
Apply Braces (Wrist, Ankle, etc)				
Apply Immobilizers (Clavicle, Knee, etc)				
Rheumatology				
Arthrocentesis (Aspiration)				
Arthrocentesis (Injection)				
Solganol (Gold) Injection				
Gastrointestinal				
Assess Bowel Sounds				
Assess GI Distress/Bleeding				
Insertion/Monitoring NG Tube				

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	1	2	3	4
Cardiac				
Perform 12-lead EKG				
Application of Halter Monitor				
Debridement of Foot Wounds				
Pacemaker Testing Equipment				
Attach leads to pacemaker monitor				
Distinguish type of pacemaker				
Collect data regarding pacemaker				
Pacemaker telephone service				
Vascular Preop Prep & Teaching				
Preoperative Teaching				
Coordinate Workup (Xray, lab, EKG, etc)				
Instruct use of Incentive Spirometer				
Pulmonary				
Apply Oxygen				
Obtain Arterial Blood Gases (ABGs)				
Interpret ABGs				
Thoracentesis				
Trach Care/Suctioning				
Instruct Patient/Family Regarding:				
Home oxygen use				
Metered dose inhaler				
Aerochamber				
Peak flow meter				
Thera positive expir. Pressure therapy				
Pain Management				
Trigger point injections				
Cervical epidural				
Lumbar epidural				
Stellate ganglian block				
Bier block				
Axillary block				
Thoracic Epidural				
Lidocaine infusion test				
Implantable narcotic pump refill				
Cadual				
Selective nerve root blocks				
Facet joint blocks				
Celiac plexus blocks				
Use of pneumatic tourniquet				
Cryo-analgesia machine				

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Meds/IV Therapy				
Administer PO medications				
Administer IM & SQ meds				
Peripheral IV insertion				
Discontinue peripheral IVs				
Administer IV medications				
Needle-less systems				
Access/care of central lines				
Access/care of ports				
Removal of central lines				
Access/care of PICC line				
Removal of PICC line				
Draw blood for lab studies				
Administer/monitor conscious sedation				
Assess allergies/latex allergies				
Urology				
Straight/Foley Cath Female				
Straight/Foley Cath Male				
Obtain/Instruct Clean Catch Urine				
Catheterization of Urostomy				
Suprapubic Tube				
Nephrostomy Tube				
Bladder Irrigation and/or Instillation				
Cystoscopy				
Stent Removal				
Bladder Biopsy				
Cystometrogram				
Prostate Biopsy				
Urethral Dilation				
Contigen Injection to Bladder Neck				
Testosterone Implant				
Lupron Therapy for Prostate Cancer				
PAP Smears				
Derm & Derm Surgery				
Shave biopsy				
Punch biopsy				
Excisional biopsy				
Scissor biopsy				
Electrodesiccation & Curettage (ED&C)				
Excision				
Unna Boot				
Patch Test				

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	1	2	3	4
Phototherapy				
Dermabrasion/Microdermabrasion				
Nail Surgery				
IM Methotrexate Injection				
IM Steroid Injection				
Moh's Surgery/Chemo				
Moh's Surgery Closure				
Evacuation of Hematoma/Seroma				
Excision of Lesions and Masses				
Application of Dressings				
Application of Burn Dressings				
Use of Equipment per instructions:				
Total Body UVB Unit (Narrow Band)				
Total Body UVB Unit (Broad Band)				
Portable UVB Unit				
Total Body UVB Unit				
Pulsed Dye Laser				
Argon Laser				
CO2 Laser				
Versa Pulse Laser				
Plastics				
Liposuction				
Blepharoplasty/Rhytidectomy				
Excision of Lesions & Masses				
Laser Procedures				
Nipple Reconstruction				
Tissue Expansion				
Endocrinology				
Specialized Endocrine Tests				
Thyroid Aspirate/Biopsy				
Insulin Provacative Test (Triple Test)				
TK Skin Testing				
Use of Accucheck Monitor				
Diabetic Teaching				
Maxillofacial				
Maxillofacial Prosthetics				
Prosthodontics-Restorative Dentistry				
Preventative Care				
Sterlization & Infection Control				
Patient Teaching – Follow Up Care				

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	1	2	3	4
ENT				
Sinus Irrigation				
Ear Biopsy				
Ear Irrigation w/Hi Pressure Syringe				
Nose Biopsy				
Mouth Biopsy				
Myringotomy with Tubes				
Myringotomy without Tubes				
Closed Reduction of Nasal Fracture				
Fiberoptic Laryngoscopy				
Facial Nerve Monitor Stimulation				
Maloney Esophageal Dilation				
Drug Therapy				
OTC drugs				
Herbal drugs				
Pharmacology				
Pharmacokinetics				
Drug interactions/side effects				
Allergic/Anaphylaxis Reactions				

Age-Appropriate Care: Ability to adapt care to incorporate normal growth and development, adapt method and terminology of client instructions as it relates to the age and comprehension level of the client, and to ensure a safe environment – reflecting specific needs of the client and various age groups.

Age	1	2	3	4
Newborn (birth-30 days)				
Infant (30 days – 1 year)				
Toddler (1-3 years)				
Preschooler (3-5 years)				
School Age (5-12 years)				
Adolescents (12-18 years)				
Young Adults (18-39 years)				
Middle Adults (39-64 years)				
Older Adults (64+ years)				

The information I have given is true and accurate to the best of my knowledge, and I hereby authorize the Agency to release this Skills Checklist to staffing clients of Agency as requested. Submit this skills self-evaluation with your initial application. To be updated annually.

Signature

Date

Print Name & Title

Agency Representative Signature